

Dierbergs Kitchen Nutrition Information - Dips & Spreads																		
Product Name	Allergens	Serving Size (oz)	Calories	Total Fat (g)	Sat Fat (g)	Trans fats (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Includes g added Sugar	Protein (g)	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)	Gluten Free Ingred.
Dips																		
Dip, Artichoke Parmesan	Milk, Egg	1 oz	50	4	1.5	0	10	210	1	0	0	0	2	0	47	0	3	Y
Dip, Baked Buffalo Chicken	Milk, Egg	1 oz	60	6	2	0	15	210	<1	0	<1	0	3	0	27	0	11	Y
Dip, Baked Chipotle Cheese	Milk, Egg	1 oz	70	6	2.5	0	10	180	3	0	<1	0	2	0	48	0	20	Y
Dip, Baked Firecracker Cheddar Jalapeno Popper	Milk, Egg	1 oz	119	11	5	0	22	282	1	0	1	0	3	0	46	0	23	Y
Dip, Baked Seafood Crab	Milk, Fish(Pollockk),Shellfish (Crab), Wheat	1 oz	100	8	5	0	25	270	3	0	1	0	3	0	40	0	34	N
Dip, Baked Spinach Artichoke	Milk, Egg	1 oz	70	7	3.5	0	15	125	1	0	<1	0	2	0	23	0	16	Y
Dip, Buttermilk Ranch	Milk, Egg	1 oz	130	14	2.5	0	10	200	<1	0	<1	0	<1	0	14	0	12	Y
Dip, Dill	Milk, Egg	1 oz	110	11	3	0	20	170	2	0	2	0	<1	0	37	0	30	Y
Dip, Hummus, Chipotle Sweet Potato**		1 oz	50	3.5	0	0	0	110	5	<1	<1	0	<1	0	5	0	33	Y
Dip, Layered Fiesta Black Bean	Milk	1 oz	45	3	2	0	10	140	2	<1	1	0	2	0	50	0	13	Y
Dip, Layered Five Layer Taco	Milk	1 oz	45	3	1.5	0	10	130	3	1	<1	0	2	0	37	0	35	Y
Dip, Layered Buffalo Chicken Cheese	Milk	1 oz	50	4	2	0	15	260	<1	0	<1	0	4	0	37	0	8	Y
Dip, Layered Mini Fiesta	Milk	1 oz	45	3	2	0	10	140	2	<1	1	0	2	0	50	0	13	Y
Dip, Layered Mini Five Layer	Milk	1 oz	45	3	1.5	0	10	130	3	1	<1	0	2	0	37	0	35	Y
Dip, Layered Seafood	Milk, Fish(Pollockk),Shellfish (Crab)	1 oz	50	3.5	2	0	10	140	3	0	1	1	2	0	10	0	30	N
Dip, Mixed Olive Tapenade**		1 oz	45	3.5	0	0	0	280	2	1	0	0	0	0	10	1	8	Y
Dip, Pepper Jack Poblano	Milk, Egg	1 oz	80	8	3	0	15	160	2	0	0	0	2	0	37	0	32	Y
Dip, Spinach	Milk, Soy	1 oz	70	7	1.5	0	10	270	2	0	1	0	<1	0	25	0	44	Y
Dip, Southwest Fiesta	Milk	11 oz	40	3.5	2.5	0	15	150	2	0	2	0	<1	0	2	0	7	Y
Butters/Spreads																		
Butter, Cabernet Grill	Milk	1 oz	180	19	11	0.5	55	380	<1	0	0	0	0	0	6	0	14	Y
Butter, Chardonnay Herb	Milk	1 oz	180	20	12	0	55	320	0	0	0	0	0	0	6	0	10	Y
Butter, Honey Maple	Milk	1 oz	180	18	10	0.5	50	135	5	0	5	5	0	0	6	0	15	Y

Product Name ** Denotes Vegetarian - No Milk, Egg or Animal Products	Allergens	Serving Size (oz)	Calories	Total Fat (g)	Sat Fat (g)	Trans fats (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Includes g added Sugar	Protein (g)	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)	Gluten Free Ingred.
Butter, Scampi (Seafood)	Milk, Fish(Pollockk),Shellfish (Crab), Wheat, Soy	1 oz	160	17	10	5	50	300	2	0	0	0	<1	0	24	0	32	N
Spread, Cheddar Pecan	Milk, Egg	1 oz	130	13	4	0	20	180	1	0	<1	0	4	0	79	0	4	Y
Spread, Cheddar Ranch Cheese	Milk	1 oz	60	4	2	0	15	130	4	0	2	0	<1	0	35	0	10	Y
Spread, Jalapeno Cheddar Ranch Cheese	Milk, Egg	1 oz	90	8	3.5	0	20	250	1	0	<1	0	4	0	115	0	19	Y
Spread, Jalapeno Pimento Cheese	Milk, Egg	1 oz	120	12	3.5	0	15	250	3	0	2	2	3	0	63	0	7	
Spread, Pimento Cheese	Milk, Egg	1 oz	130	12	4	0	20	260	3	0	2	2	3	0	68	0	7	Y
Spread, Ranch Cheese	Milk, Egg	1 oz	100	9	4.5	0	25	270	1	0	0	0	5	0	154	0	20	Y
Spread, Smoked Gouda	Milk, Egg	1oz	103	9	4	0	18	267	1	0	1	0	2	0	55	0	26	Y
Torte, Apricot Goat	Milk	1 oz	99	6	3	0	15	121	8	1	7	0	2	0	11	0	79	Y
Torte, Brie & Gorgonzola Layered	Milk, Nut (walnut)	1 oz	130	11	6	0	26	152	1	0	0	0	4	0	40	0	41	Y
Torte, Honey Craisin	Nut (Pecan), Milk,	1 oz	138	11	5	0	22	106	8	1	6	3	1	0	5	0	27	Y